

Doctor's Day

Spring has arrived with all its glory; including the lovely shade of yellow that covers everything! This time of year can be quite challenging for allergy sufferers. *Did God who gave us flowers and trees, Also provide the allergies?*~E.Y. Harburg, "A Nose Is a Nose Is a Nose," 1965

Do you ever wonder how the first medical doctor came along? Who tried the first remedies? Even today we still experiment a little, trying different ways to cure ailments even attempting to trick the mind at times. *You have a cough? Go home tonight; eat a whole box of Ex-Lax - tomorrow you'll be afraid to cough.* ~Pearl Williams

Two physicians came over on the Mayflower. One was Miles Standish; the commander of the Mayflower, the other was Dr. Samuel Fuller. Not much is known about their education; they learned by watching other physicians and just picked up skills and knowledge in their everyday lives. Also during this time period, physicians and barbers were one in the same. Barbers did everything from cutting hair to pulling teeth to removing gallstones, all without anesthesia. In 1745, the Barber-Surgeon guild broke up, surgeons went one way, and the barbers went another, taking their pole with them.

A Short History of Medicine

2000 B.C. - "Here, eat this root."

1000 B.C. - "That root is heathen, say this prayer."

1850 A.D. - "That prayer is superstition, drink this potion."

1940 A.D. - "That potion is snake oil, swallow this pill."

1985 A.D. - "That pill is ineffective, take this antibiotic."

2000 A.D. - "That antibiotic is artificial. Here, eat this root."

~Author Unknown

Doctors Day is March 30th. As we all know, physicians have even greater challenges practicing medicine today. These days the stress is not treating and diagnosing the patients as much as the cost and concern of keeping a practice afloat. With the implementation of EMR, drug prior authorizations, insurance company demands, reimbursement cuts and denials, malpractice insurance and the list goes on and on. Dr. Fuller and Dr. Standish didn't have to face the challenges of our modern day physicians and there was more time spent on gratitude and servitude. On this upcoming Doctor's Day, March 30th, take a moment and thank your Doctors for their dedication to their patients and the community.

Drugs are not always necessary. Belief in recovery always is. ~Norman Cousins